

Training Requirements:

- Completion of a 15 hour training course conducted by the Regional Long Term Care Ombudsman;
- 10 hours of in-service training each year.

Job Duties:

- Report any serious problems immediately to the Regional Long Term Care Ombudsman and/or appropriate governmental agency;
- Ask for technical assistance when unsure of how to proceed;
- Prepare quarterly visits and activity forms;
- Establish rapport with residents, families, staff and home administrators;
- Promote community involvement in facilities;
- Promote communication, education and awareness of issues affecting institutionalized older adults.

Serving Older Adults In:

**Alexander County
Burke County
Caldwell County
Catawba County**

If You...

- Would like to find out more about the Community Advisory Committees in your county;
- Need information regarding matters pertaining to long term care in your area;
- Have a question about the quality of care a loved one is receiving in a facility; or
- Would like to know how you can be of service to the long term care residents in your area.

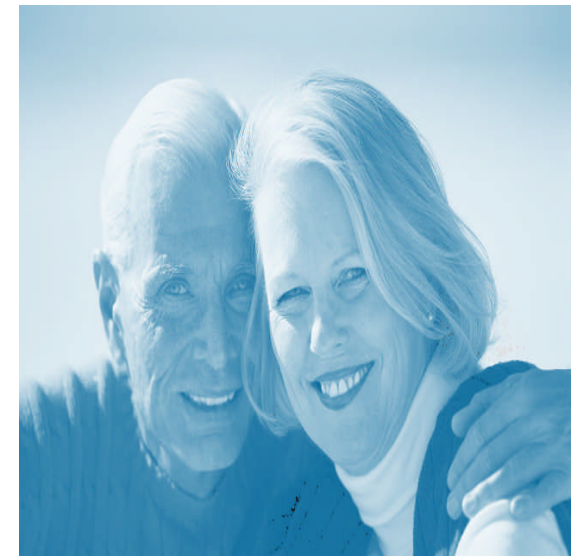
**CONTACT:
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VOLUNTEERS NEEDED!

NURSING HOME & ADULT CARE HOME COMMUNITY ADVISORY COMMITTEES



**To ensure quality of care for
long term care residents in
North Carolina**

What is a Community Advisory Committee?

What do the Committees do?

The Community Advisory Committees (CAC) participate in quarterly group visits to our long term care facilities. During these group visits, the members will visit and speak with the residents to check on their quality of care. All findings are then reported by the group to the facility administrator. Both the CAC members and the facilities share the common goal of making positive improvements in the residents quality of life.

What is the purpose of the Committee?

To work to resolve grievances or problems pertaining to the Residents' Bill of Rights at the local level.

- To promote community involvement with long term care facilities and their residents.
- To promote community education and awareness of the needs of residents in long term care facilities.

Types of Community Advisory Committees:

The Nursing Home Community Advisory Committee (NHCAC) and the Adult Care Home Community Advisory Committee (ACHCAC) serve the residents of long term care facilities within each county. Some counties have a Joint Nursing and Adult Care Home CAC (JCAC).

NHCAC - Are required to visit nursing homes once a quarter.

ACHCAC - Are required to visit adult care homes once a quarter and family care homes once a year.

JCAC - Visit both nursing and adult care homes once a quarter and family care homes once a year.

Who serves on the Community Advisory Committees?

Local citizens are appointed by the County Commissioners to serve on the Adult Care Home Community Advisory Committee as volunteers. They are selected because of their genuine interest in ensuring residents' rights in long term care facilities are enforced

and have an interest in improving long term care facilities in their area.

Each Community Advisory Committee Member Must:

- Reside in the county in which the committee serves;
- Not be an immediate family member of a resident in a home served by the Community Advisory Committee;
- Not have a personal (or a family member with a personal) financial interest in a home served by a Community Advisory Committee.

Time Requirements:

- All appointees shall serve an initial one year term and may then be reappointed to a second or subsequent term of three years.
- Facility Visits - 1 day (or two half days) each quarter;
- In-Service Training - 2 hours each quarter;
- Friendly Visits - are voluntary and can be done at your convenience.

